

VOLUNTARY AND COMMUNITY NEWSLETTER

13 January 2023 Issue 1



Plenty 2 Cook



MRC Community Action is running a pilot 'Plenty 2 Cook' Social Supermarket at the Library car park, 6 High Street, Measham, on Tues 17 January, from 11am -

1pm. On the day people will be able to purchase fresh veg, meat and other items at bargain prices at a location close to home. See attachment for further details. Please help promote this new venture to help make it a big success!

Social Supermarket

Thanks to funding from Hugglescote and Donington-le-Heath Parish Council, MRC Action Community is running an accessible minibus every Friday to MRC's social supermarket, Coalville.



This is free to everybody and offers a chance to buy surplus and end-of-shelf-life stock, such as fresh fruit and veg, stock cupboard essentials and chilled goods like meat, ready meals and snacks. See attachment for further info.

The bus is free to village residents and pick up points are at:

- Launceston Drive - 10.20am
- St Mary's Avenue - 10.35am
- Return journey 12.30pm

Measham Green Fingers

Thank you to all the groups who got involved in our latest Green Shoots programme. In total, 21 community groups and parish councils applied, resulting in 51,000 orders of bulbs including narcissi, daffodils, crocus, tulips and snowdrops.

We were delighted to hear from [Measham and District Youth Club](#) who got busy planting bulbs at the Millennium Garden in Measham. Ten youth club members worked with the Conservation Volunteers to plant nearly 2,000 bulbs to help brighten up their patch in time for spring. Well done all!



Lord Lieutenant's Award

The Lord-Lieutenant of Leicestershire has launched his 2023 awards designed to showcase and celebrate the achievements of young people aged 13 to 19 across the city and county.

This year the four categories are:

- Young Person of Courage
- Young Volunteer
- Young Leader
- Young Artist

The closing date for nominations is Friday 17 February. For further information please visit:

www.leicestershire.gov.uk/llawards

Save on Bus Fares

Passengers are being encouraged to



[Get Around for £2 by bus](#) from 1 January to 31 March as part of the [government's fare cap scheme](#). The scheme will help families, commuters and other passengers save money this winter, backed by £60 million of government investment to cap single tickets at £2 across England, outside of London. The scheme forms part of the Government's [Help for Households](#) campaign, aiming to deliver savings for those most affected by the rising cost of living.

Packs of Warmth

Are you aware of anyone who is finding it hard to stay warm and may benefit from a 'pack of warmth'?

Hospice Hope, Local Area Co-ordinators and Social Prescribing teams in the district are providing cosy blankets, hand warmers, a card, sweet treat and information on support services. See attachment for further information and contact details.

It All Adds Up

The Government has launched the '[It All Adds Up](#)' energy-saving campaign to raise public awareness of actions that people can take to cut their energy bills. The campaign promotes steps to help households save money on their energy bills. In addition to the campaign Government has also announced help in the form of a [£200 payment for households](#) that use alternative fuels like heating oil.

Events & Training

FREE Adult Safeguarding Training



Tues 24 January, 2pm, online
This free, one-hour basic safeguarding training is being provided by the Leicester, Leicestershire & Rutland Safeguarding Adults' Board. The briefing covers:

- What is adult safeguarding?
- What is abuse and neglect?
- Signs of abuse and neglect
- What to do if you have concerns



Go Learn

The full [2023 programme](#) is now

available to book classes and there is a 10% discount on all fee-paying courses until 31 January. If your organisation is interested in finding out more about the service or is interested in partnership work, please contact [Jo Beck](#), Adult Learning Participation and Engagement Manager.

Get Hired

[The Princes Trust](#) has a new virtual 'Get Hired'



programme for young people aged 16-30 living in Leicestershire. The online course runs on Wed 25 and Thrs 26 January. Deadline for applications is Mon 23 January. See attachment for further details.



Introduction to the Trusted Standard

This free, online introduction event

will provide an overview of the Trusted Charity quality standard, previously known as PQASSO. Voluntary Action Leicestershire is organising the session on Tues 28 February, 10.30-11.30am, to help groups operate more effectively and efficiently, whilst recognising the excellent work being done.

MECC Training

Making Every Contact Count (MECC) is about using a different behavioural approach to make those short conversations we have with people really count. We will be organising some MECC training in March so keep an eye out for more details. See attachment for further information on MECC.

Need a Defibrillator?

The Department of Health and Social Care (DHSC) has announced [£1million of funding to increase the number of automated external defibrillators in communities](#). Full or partial match funding will be required.

Applicants will be asked to demonstrate that defibrillators will be placed in areas where they are most needed. Examples could include town halls, community centres, local shops, post offices and local parks.

Please link in with your local town/parish council if you are considering applying to avoid potential duplication.

The Circuit

If your group/organisation already has a defibrillator in place, is it registered on [The Circuit](#)?



In partnership with



This is the national defibrillator database for ambulance services to quickly identify the nearest device. The moment someone has a cardiac arrest the clock starts ticking. Every minute without CPR and defibrillation reduces their chances of survival. But many defibrillators are never used because emergency services don't know where they are or how to access them.

If your community has a defibrillator please take a few minutes to check that it has been registered on [The Circuit](#).

Recycling Workshops

Do you know a local school that would be interested in a free, interactive performance-based workshop on recycling?

Gazebo Theatre in Education Company is presenting 'Invasion of the Flingatrons' for Leicestershire primary schools. Up to two performances for Key Stage Two classes can be booked between Mon 13 February and Friday 24 March. Contact Gazebo on 01902 296199 or by [email](#).

Funding

NWL Community Grants



Visit our [grants' page](#) to find out about the funding and support available for your group/organisation.

Warm Spaces Grant

NWLDC is offering grants of up to £250 to support venues that are providing 'warm spaces' for residents during the cost of living crisis. The grant fund will be open for applications until Friday 31 March 2023 or until the grant budget has been allocated. Please [email Jess Lloyd-Davies](#) for further information.



SHIRE Environment Grant

Groups can apply for up to £3,000 for Leicestershire projects that help to:

- Reduce household waste produced
- Reduce greenhouse gas emissions
- Improve biodiversity
- Raise awareness of these outcomes



Contact [LCC's SHIRE Environment Grants' team](#) if you have any queries.

Community Foundation Funding

Leicestershire & Rutland Community Foundation has the following grants open:

- [Reaching People Environmental Fund](#) - for projects that reduce pollution; support wildlife; increase recycling and the reuse of materials; protect habitats and green spaces; raise environmental awareness. Deadline for applications is 5pm on Thrs 23 February.
- [Making Local Life Better Fund](#) - grants of up to £3,000 available for grassroots community groups to cover costs such as equipment and materials; staffing; training and skills development; rent, hire, premise cost; volunteer expenses. No deadline.

Forest Society Grants

This National Forest Company scheme funds new ways to support the health and wellbeing of residents and communities within the National Forest. Four to five grants will be awarded of between £2,000 to £4,000. The deadline for applications is Mon 13 February.